



# 2025 CCS WELLNESS SPONSORED RUNS AND WALKS

NEW

**SAT, OCTOBER 4**

## GET YOUR REAR IN GEAR 5K

- 5K run/walk
- Creekside Plaza, Gahanna
- Join Colon Cancer Coalition in the fight against colorectal cancer
- Open to **CCS Staff only**

→ **APPLY NOW**

**OCTOBER 18-19**

## COLUMBUS MARATHON

- 5K, Half, or Full Marathon
- Downtown, Columbus
- Experienced runners
- Open to **CCS Staff and Family**

→ **APPLY NOW**

NEW

**SUN, NOVEMBER 16**

## HOT CHOCOLATE RUN

- 5K, 10K, or 15K run/walk
- McFerson Commons, Columbus
- Chocolate-lover oasis at the post-run party
- **Open to CCS Staff only**

**OPENS 9/1**

NEW

**SAT, NOVEMBER 29**

## COLUMBUS HUNGRY TURKEY TROT

- 5K, 10K, or 1/3 Marathon run/walk
- COSI/Genoa Park
- Experience the fun after Thanksgiving!
- **Open to CCS Staff only**

**OPENS 9/1**

NEW

**SAT, DECEMBER 6**

## JINGLE BELL RUN

- 5K or 1 Mile run/walk
- COSI/Genoa Park
- Jingle through victory over arthritis with The Arthritis Foundation
- **Open to CCS Staff only**

**OPENS 11/1**

## LIMITED ENTRIES

Staff must fill out an application to be sponsored by CCS Wellness. Filling out an application does not guarantee you a spot. If accepted, you will receive a confirmation email from Wellness.



**FOR RUN CLUBS, TRAINING PROGRAMS, AND MORE VISIT:**

[HTTPS://WWW.CCSOH.US/PAGE/11320](https://www.ccssoh.us/page/11320)



[ccsoh.us/wellness](https://ccsoh.us/wellness)



[wellness@columbus.k12.oh.us](mailto:wellness@columbus.k12.oh.us)



**HEALTHY BODIES  
ACTIVE MINDS**  
COLUMBUS CITY SCHOOLS